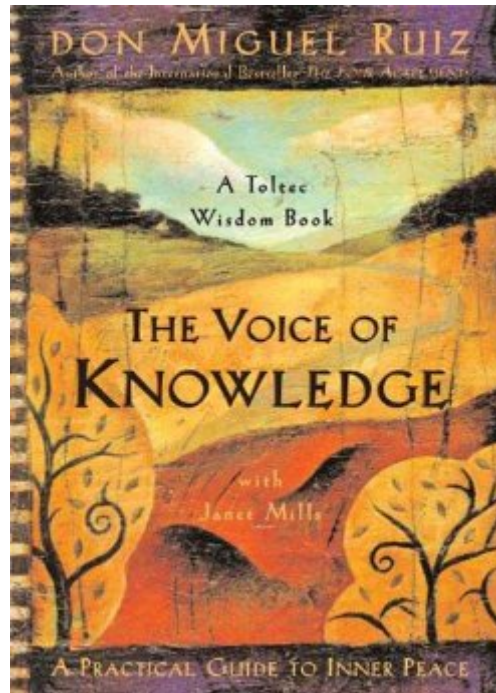


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# The Voice Of Knowledge: A Practical Guide To Inner Peace (A Toltec Wisdom Book)



## Synopsis

In *The Voice of Knowledge*, Miguel Ruiz reminds us of a profound and simple truth: The only way to end our emotional suffering and restore our joy in living is to stop believing in lies — mainly about ourselves. Based on ancient Toltec wisdom, this breakthrough book shows us how to recover our faith in the truth and return to our own common sense. Ruiz changes the way we perceive ourselves, and the way we perceive other people. Then he opens the door to a reality that we once perceived when we were one and two years old — a reality of truth, love, and joy. “We are born in truth, but we grow up believing in lies. . . . One of the biggest lies in the story of humanity is the lie of our imperfection.” — don Miguel Ruiz

## Book Information

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## Customer Reviews

Days after finishing the new offering from don Miguel Ruiz and Janet Mills, I found the essence of its meaning reaffirmed time and again, and frequently "heard" the teaching in the middle of daily issues or challenges. Just like the wonderful "Four Agreements", this book presents valuable lessons for practical use with everyday living. We learn in Chapter One that the "Voice of Knowledge" is not a benevolent one, but the incessant chattering that humans unconsciously perpetuate daily, the "...voice in our head. You can call it thinking. I call it the voice of knowledge." (Ch. 1) Ruiz'

descriptions of his grandfather's teachings are an immediate wonderful antidote to the wearying Voice of Knowledge that we so often succumb to. His words are beautiful encouragement to rediscover the wonder of childhood. One of his great lines sticks with me: "Faith is the power of creation that all humans have, and it doesn't have anything to do with religion." He goes on to describe the difference between having faith in one's own goodness versus believing the lies of others who might convince us we're not good enough or smart enough. The realizations that Ruiz experiences in Chapter 4, A Night in the Desert, are an inspiring description of one mind grasping the Truth of the Ages. His account of experiencing the universe experiencing him is an eloquent and understandable report of an epiphany that's a joy to read. I call page 47 the "truth page". Soon after this exhilarating evening in the desert, we learn about the "Storyteller", the essence of the Voice of Lies that pervades our consciousness all too often. I think "storyteller" is an apt term for that demon we all wrestle with - Little mind, monkeymind, maya, etc. etc.

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